

# Petitioner's Guide for CAMPT Accreditation Recognition

# **Background Information**

#### Who is CAMPT?

Canadian Academy of Manipulative Physiotherapy (CAMPT) is Canada's member organization of the International Federation of Manipulative Physical Therapists (IFOMPT), part of the World Confederation of Physical Therapy and the World Health Organization. CAMPT's role is to advance orthopaedic manual therapy practice, education and research in Canada, and to monitor Canadian Physiotherapy post-professional and post-graduate education programs to ensure they meet the standards of IFOMPT. Physiotherapists who are Fellows of the Canadian Academy of Manipulative Physiotherapy (FCAMPT) have completed extensive post-professional and/or post-graduate education in the area of orthopaedics and have achieved internationally recognized qualifications in hands-on manual and manipulative therapy. FCAMPT physiotherapists' knowledge and skills enable them to treat complex pathology and movement disorders of both the spine and extremities, which can cause both acute and chronic pain and disability. Physiotherapists with the FCAMPT designation are committed to providing the highest level of quality, patient-centred care combining clinical experience with evidence-informed practice.

### What is Manual/Manipulative Physiotherapy?

Orthopaedic Manual Physical Therapy/Physiotherapy (OMPT) is a specialized area of physiotherapy for the management of neuro-musculo-skeletal conditions, based on evidence-informed clinical reasoning, using highly specific treatment approaches including hands-on techniques i.e. manual therapy such as mobilization and manipulation, education, pain management techniques, movement re-education and therapeutic exercise. OMPT encompasses, is driven by, and informs the available scientific and clinical evidence using a biopsychosocial framework of each individual patient.

#### **Our Education**

CAMPT physiotherapists are all registered physiotherapists licensed with their respective Provincial Regulatory Colleges. Prior to entering practice in Canada, physiotherapists must graduate with a Master's degree from a Physical Therapy education program at one of 14 accredited universities in Canada. In addition to our entry-level education, CAMPT physiotherapists have completed extensive, internationally recognized post- professional and/or post-graduate education focusing on the diagnosis and treatment of complicated neuro-musculo-skeletal problems. There are currently two CAMPT/IFOMPT accredited programs in Canada: The

Canadian Physiotherapy Association's Post-Graduate Diploma of Orthopaedic Manipulative Therapy as well as the University of Western Ontario's Masters of Clinical Science Degree in Manipulative Therapy. Both programs have their own syllabus, supervise their own clinical mentoring and organize and supervise their own examinations. CAMPT is a separate organization that monitors both programs. Graduates from the accredited programs in Canada must register with CAMPT and maintain current membership status with CAMPT in order to use the title a FCAMPT. In order for future students in CAMPT accredited programs to have recordable mentorship hours the mentor must be a registered FCAMPT. If individuals do not maintain current membership with CAMPT they are *not* entitled to continue to use the title of FCAMPT and any unlawful use of the term may result in legal proceedings. The term FCAMPT is a registered trademark of CAMPT and has been legally protected as of March 6, 2012.

There are multiple OMPT programs in other IFOMPT countries. Physiotherapists who have completed a post-graduate manual therapy program and have attained full fellowship in that country's IFOMPT member organization (MPA in Australia, NZMPA in New Zealand, MACP in the UK, AAOMPT in the United States, etc.) are also eligible for membership in CAMPT by application (please refer to the following link <a href="http://manippt.org/prof-eligible.php">http://manippt.org/prof-eligible.php</a>)

When assessing and treating patients, CAMPT Physiotherapists include advanced clinical examination of the neuro-muscular-skeletal system using a clinical reasoned biopsychosocial approach, hands-on manual assessment and treatment of the neuro-musculo-skeletal system of the spine and periphery, pain management techniques, movement re-education and therapeutic exercise.

### The objects of CAMPT are:

- a. To encourage improved standards of manipulative and other manual physiotherapy skills.
- b. To encourage scientific research and promote opportunities for the spread of knowledge of new developments in the field of manipulative and other manual physiotherapy skills
- c. To organize, at regular intervals, courses/ seminars on topics related to the practice of advanced orthopaedic manual physiotherapy, which are both academically and clinically relevant to our members.
- d. To act as a resource for educational institutions (Canadian Physiotherapy Association (CPA) Orthopaedic Division, university programs and to the CPA as indicated.)
- e. To represent Canada and Canadian Manipulative Physiotherapists in the International community of manual and manipulative physiotherapy.
- f. To represent Canadian Manipulative Physiotherapists at IFOMPT meetings.
- g. To approve and ensure that post-professional and post-graduate education programs in Canada, desiring to graduate CAMPT eligible members, meet IFOMPT criteria.

h. To submit the IFOMPT required quality assurance evaluative summary of CAMPT /IFOMPT approved Canadian OMPT educational programs to IFOMPT. This is done to ensure that CAMPT approved OMPT programs in Canada continue to meet IFOMPT standards and is a membership requirement that enable Canada to be a recognized IFOMPT organization.

#### **IFOMPT Standard**

### **Policy and Procedure**

I. Instructions to Complete a Petition for Recognition as CAMPT Certification OMPT Educational Program

#### A. Introduction

CAMPT is pleased to provide this information to those groups interested in petitioning CAMPT to recognize a new Canadian OMPT program. CAMPT believes this information will be of value to petitioners in planning, organizing, writing, and submitting a petition. CAMPT wishes to give every prospective petitioner as much information and background as possible to help in preparing petitions. Individuals may refer questions to CAMPT through the President of CAMPT (contact information can be located on the website <a href="http://manippt.org/aboutus.php">http://manippt.org/aboutus.php</a>)

# **B.** Policy

IFOMPT standard document denotes the required competency framework established for an orthopaedic manual physiotherapist. Demonstration of meeting these standards is required for the initial and ongoing membership in IFOMPT. The Standards Document is the guideline document, which IFOMPT provides for OMPT programs that wish to seek membership through the creation of a post-professional/post-graduate education program in neuro-musculo-skeletal OMPT. The Standards Document is divided into two sections, Part A, Educational Standards Document (2008), and Part B, International Monitoring Document (2005). The Educational Standards in OMPT provide a clear and detailed description of the knowledge, skills and attributes expected of a competent OMPT in the contemporary healthcare environment.

From this point forth in the document the proposed CAMPT Certification OMPT educational program will be referred to as the Petitioner.

# C. Petitioner's Procedure

a) Petitioners: Contact CAMPT secretary (contact information can be located on the website <a href="http://manippt.org/aboutus.php">http://manippt.org/aboutus.php</a>)

- b) CAMPT Secretary: Supply the Petitioner's Guideline and direct them to the IFOMPT Standards Document.
- c) Petitioners: Declare intent in writing to CAMPT Secretary
- d) The Petitioner must find and pay for an External Assessor (EA) as outlined in the IFOMPT Standards Document that must subsequently be approved by CAMPT. CAMPT requires the Petitioner to forward names of a minimum of 2 and maximum of 5 EA candidates in order of preference. CAMPT will select the final EA candidate in consultation with the Petitioner. An EA must be a current CAMPT Fellow in good standing. The EA will work to the specifications of the IFOMPT Standards Document guidelines, to look at the quality of the ongoing Petitioner's educational program and the processes of program evaluation following a minimum of one complete program period through to completion of the program by a minimum of 5 graduates. See guidelines for the program evaluation criteria for EA (see the Standards Document located at the following website http://www.ifompt.com/About+IFOMPT/Standards+Document.html). The EA must be independent of the course, to enable them to fulfill their role. The EA must have access to all of the Petition's educational program material for example, program documentation and student assessment, and specifically will observe the program's research component, classroom instruction, the clinical mentoring process and samples the students' research projects, examinations and written assessments. This ensures observation of the program quality but also continuous development of the educational program. The EA writes a report annually to the CAMPT (see the Standards Document: Appendix D), indicating whether the educational program is achieving its aims (and therefore the IFOMPT standards).

The EA's official evaluation of the program commences only *after* the program has graduated its first cohort of applicants. This process of evaluation is not based on what the program is planning to do, but rather what the program has already done. It is a retroactive process based on work accomplished not planned. After the program's first cohort has graduated the evaluation process officially begins as outlined on IFOMPT's website. See the link below for further information with regards to international monitoring.

 $\underline{(http://www.ifompt.com/Standards/IFOMPT+International+Monitoring+of+Member+Organisations+and+OMT+programmes/IM+Documents.html)}$ 

- e) Petitioner is responsible for the development, including data gathering & analysis, and writing of the petition to CAMPT. This petition must include the full report from their appointed EA as well as how they are going to deal with any specific comments that the EA makes of the educational program in the report. CAMPT will consider this petition specifically looking for evidence that the Petitioner's educational program meets the IFOMPT standards. The Petitioner must follow all the given instructions that are listed in this CAMPT document under section D. Instructions to Petitioners. Any petition that does not follow such instructions will not be reviewed by CAMPT and returned to the Petitioner at the Petitioners expense.
- f) CAMPT executive review the report for completeness and submission to IFOMPT Standards Committee.
- g) IFOMPT Standard Committee review the petition and makes recommendations to CAMPT.

- h) CAMPT executive or a special committee appointed by the executive of CAMPT reviews IFOMPT's recommendations, makes comments to the same in a report and submits this report to the Petitioner i.e. any outstanding recommendations and timelines are made in writing to the Petitioner.
- i) Petitioner responds to recommendations and returns these in report form to CAMPT.
- j) CAMPT review revisions and resubmit a report to the IFOMPT Standards Committee.
- k) This process will repeat itself until all required revisions are successfully dealt with.
- l) IFOMPT Standards Committee makes final recommendations to CAMPT. CAMPT makes final decision regarding the Petitioner's request to become a CAMPT OMPT Certification Program and forwards it to Petitioner.
- n) *If unfavorable notification*, Petitioner requests reconsideration & provides grounds for request, nature of additional information, timeline, & requested course of action within 30 days of notification. Petitioner may make a writing appeal decision to CAMPT at least 30 days prior to CAMPT committee meeting.

If favourable notification, petitioner becomes a CAMPT certified OMPT education program. Note this favourable notification may include and be subject to the achievement of outstanding requirements by specific deadlines. Petitioner' program may then notify program of their right to apply to CAMPT for Fellowship recognition including the graduates of the first cohort while the program was under review.

o) The Petitioner's progress will be evaluated by CAMPT at the end of a two-year period by repeating procedure (e) and (f) listed above. The indicators of adequate progress shall be: recommendations have been met or partially met. If Petitioner's progress is adequate the CAMPT will schedule ongoing monitoring according to IFOMPT standards.

### **D.** Instructions to Petitioners

### 1. Who May Petition

Any individual or group of individuals may petition CAMPT to recognize an area of OMPT practice as a CAMPT certified OMPT educational program.

#### 2. Structure of Petition

The petition should be organized to address each IFOMPT Standards Document criterion and its associated guidelines, in the order outlined in Section A & B of Standards Document. The petition should clearly demonstrate to CAMPT that the proposed program meets all IFOMPT criteria by providing complete documentation as stipulated in the IFOMPT Standards Document guidelines. The Petitioner's Procedures listed in section 1 C. (c-e) of this CAMPT document must be followed.

3. Definitions for the Proposed Education Program

The petitioner shall include the following as part of the petition:

- a. Name for the proposed CAMPT Certification OMPT educational program
- b. Definition of the proposed CAMPT Certification OMPT educational program
- 4. Costs
- a. All costs associated with the development of the petition will be borne by the Petitioner.
- b. All costs associated with producing and providing copies of the petition to CAMPT and interested individuals will be borne by the Petitioner.
- c. A non-refundable filing fee of \$5,000.00 must accompany the submission of a petition. This fee is applied towards expenses incurred by CAMPT <u>and/or activities related to the petition and petitioning process</u>.
- 5. Questions, Clarifications

CAMPT invites potential Petitioners to contact CAMPT through the CAMPT Secretary

(see contact information at <a href="http://manippt.org/aboutus.php">http://manippt.org/aboutus.php</a>) with any questions or clarifications that are necessary concerning the information in these instructions.

6. Help Packet

Upon request, the CAMPT secretary distributes the following documents as a

Help Packet to assist with the development of the petition. Please contact the CAMPT secretary if other materials would be useful in your preparation.

1. CAMPT Constitution -Available on CAMPT Website

(<a href="http://manippt.org/constitution.php">http://manippt.org/constitution.php</a>)

IFOMPT Constitution – Available on IFOMPT Website

(<a href="http://www.ifompt.com/About+IFOMPT/Constitution.html">http://www.ifompt.com/About+IFOMPT/Constitution.html</a>)

2. IFOMPT Standards – Available on IFOMPT Website

http://www.ifompt.com/About+IFOMPT/Standards+Document.html

3. Code of Conduct – Available on IFOMPT Website

(http://www.ifompt.com/About+IFOMPT/Code+of+Conduct.html