



Canadian Academy of  
Manipulative Physiotherapy

[www.manipulativetherapy.org](http://www.manipulativetherapy.org) [CAMPTexecutive@manipulativetherapy.org](mailto:CAMPTexecutive@manipulativetherapy.org)

Welcome to the CAMPT newsletter for November 2009. We hope to use the newsletter to communicate with the membership with regard to current issues in manual therapy. There have been many changes and positive developments in Canada over the last few years, so we would like to take this opportunity to share them with you.

### [CAMPT Overview:](#)

CAMPT is Canada's member organization of the International Federation of Manipulative Physical Therapists, part of the World Confederation of Physical Therapy and the World Health Organization. CAMPT's role is to advance manual therapy practice, education and research in Canada, and to monitor Canadian education programs to ensure they meet the standards of IFOMT.

Membership in CAMPT gives you the right to use the designation Fellow of the Canadian Academy of Manipulative Physiotherapy (FCAMPT). Our goal is to make the FCAMPT designation the mark of physiotherapists who are committed to providing the highest level of quality, patient-centred care combining clinical experience with evidence-based orthopaedic practice.

The current CAMPT executive:

President: Shaun Lapenskie  
President Elect: Jack Miller  
Past President: Lisa Carlesso  
Secretary: Shannon Michels  
IFOMT Representative: Anita Gross  
Literature Review: Sarah Gordon

### [CAMPT Constitution Changes:](#)

A series of proposed constitutional changes were circulated in early 2009 and were approved at the AGM in Calgary in June.

The most obvious change is the name of our organization: The Canadian Academy of Manipulative Physiotherapy. The change was made to be consistent with IFOMPT, who has changed their name to the International Federation of Manipulative Physical Therapists. The change will also make it clear who comprises our membership: physiotherapists. The name change is a minor one, but one we hope better communicates who we are to our patients, the public and other medical professionals.

Use of the FCAMPT designation by non-members (or previous members who are not in good standing) is now strictly forbidden by the CAMPT constitution. Use of terms such as "FACMT Candidate" is also forbidden, as FCAMPT is not a doctoral degree.

## Manual Therapy Education in Canada:

One of CAMPT's responsibilities is to monitor education programs in Canada to ensure they meet the standards of the International Federation of Orthopaedic Manipulative Physiotherapists (IFOMPT).

Traditionally, the route to CAMPT membership was straightforward: The Orthopaedic Division's Post-Graduate Syllabus Courses in Manual Therapy. Those who completed their Intermediate (Part A) exams were eligible to become Residents of CAMPT, and those who passed their Advanced (Part B) Exams could become Fellows of CAMPT.

There are now two IFOMPT accredited programs in Canada: the Orthopaedic Division's courses as well as the University of Western Ontario's Masters Degree in Manipulative Physiotherapy. Both programs have their own syllabus and supervise their own examinations. CAMPT is a separate organization that monitors both programs.

There are dozens of programs in other IFOMPT countries. Physiotherapists who have completed a post-graduate manual therapy program and are eligible for membership in another IFOMT recognized country (MPA in Australia, NZMPA in New Zealand, MACP in the UK, AAOMPT in the United States, etc.) are also eligible for membership in CAMPT.

## The CPA Specialization Program:

After many years of hard work by countless individuals, most importantly Carol Miller at the CPA, there is currently underway a trial run of a program to legally recognize specialists in physiotherapy. There are currently three specialty groups: Orthopaedics, Cardiorespiratory and Neurology. Having read the draft requirements for certification as an orthopaedic clinical specialist, it appears that an individual could become an orthopaedic specialist without an in-depth background in manual therapy. This situation would be unlikely, given the current and past focus on manual therapy in the orthopaedic education system, but the possibility is nevertheless a concern for CAMPT.

CAMPT believes that future incarnations of the specialization program should include a sub-specialty in manual therapy. The completion of the sub-specialty would be predicated on an individual having completed a CAMPT / IFOMPT recognized education program in manual therapy. We will continue to monitor the specialization process and advocate on behalf of our membership.

## CAMPT Courses:

Jack Miller has organized a course to be held in Calgary in March of 2010. Further details are attached in the following pages.

## Research:

CAMPT has agreed to participate with the University of Western Ontario on primary research involving the members of CAMPT. This research will communicate with our members using email, so please update your contact information on the CAMPT website: [www.manipulativetherapy.org](http://www.manipulativetherapy.org).

## CAMPT Literature Reviewer:

The executive sent out an email survey early in 2009 with regard to the wants and needs of our members. A frequent request was for a literature reviewer to help keep track of the current scientific research. As this would require a great deal of work, it was decided to make it a paid position. Sarah Gordon has agreed to take on the task of making sense of the literature, and her first two reviews are attached in the following pages. If you know of an article of particular significance, please email the reference to [CAMPTexecutive@manipulativetherapy.org](mailto:CAMPTexecutive@manipulativetherapy.org) and we will try to include it in a future mailout.

## IFOMPT 2012:

CAMPT is pleased to announce their successful bid to host the 2012 IFOMPT congress in Quebec City. Our members should be planning to attend this five day conference, as it is only held every four years and will include extremely high quality scientific research focusing on orthopaedic physiotherapy. The past three congresses have been held in The Netherlands, South Africa and Australia, so this one is close to home and shouldn't be missed. Further details will be forthcoming over the next year.